

## **Exhibit P-6**

~~Appendix 9~~ – Lana Ponting Testimony, recorded October 6, 2021.

**Interview with Lana Ponting, the only survivor and eye-witness of Dr. Ewen Cameron's CIA-funded psychiatric experiments on mind control.**

Q: Hello Lana. Can you tell us a bit about yourself?

LP: Hello, I am Lana Ponting, and I was born in Ottawa on June 20<sup>th</sup>, 1941. I ended up at the Allan Memorial Institute because I was having problems with my parents. They felt I was a rebellious teenager so they thought that Dr. Cameron could help me. I was given drugs such as LSD, nitrous oxide and everything else.

Q: You were there for a period of one month?

LP: One month, yes. In April 1958. There was one treatment they were giving me. I was given nitrous oxide and it became extremely violent. I threw myself in the chair, jumped off and started to scream. I was screaming because I was sexually molested.

Q: You were also molested by the doctors there?

LP: Yes, by Dr. Cameron and two other doctors. I don't remember their names.

Q: They were assistants?

LP: Yes. So I knew there was something wrong. When the lights were out at night I would sneak around the Allan and try and see what was going on. I came across one particular room where a lady was given a shock treatment. Now I had shock treatments as well, and they are very, very bad. The woman that I saw, she was beautiful. I remember her now so well because she had the most beautiful long hair. And she was crying so I asked her why she was crying. And she said "they are making fun of me because I'm an Indian." Those were her exact words. So I told her: "come with me and we'll sit and talk." So we found a little corner where nobody could see us. We sat there and we talked. I will never forget her because of her long black hair. She said that people were really making fun of her, so she thought there was something wrong with her. She too was on nitrous oxide, and LSD. LSD is a horrible thing to take. It distorts your sense of being. My family came to visit me once, and I didn't even know who they were.

Q: Because of the shock treatments too...

LP: Yes, and even to this day I still have a few blackouts because of the shock treatments and the LSD.

Q: When did you start recovering memories?

LP: A lot of memories came back only recently. I never talked about being in the Allan. I guess because I was too ashamed. But my brother phoned me one day and he told me about an ad he

read in a newspaper. They were looking for people who had been in the Allan. This is how I got involved with the class action lawsuit.

Q: And it was at that time that memories started to come back? How did that happen?

LP: I was asleep one night, and then all of a sudden I just woke right up. I don't know how long this happened for, but I started to remember things... Like this lady carrying a baby and she said: "we'll have to get rid of this very quickly." Of course, I didn't know what she meant, but I thought it was really odd. And other things came back, such as their rapes, that came back.

Q: Do you believe that was part of the experiment they were doing?

LP: Yes that was part of the experiment.

Q: They wanted to terrorize people, and that was the experiment?

LP: Yes. And lately, with all this coming back, I said to (a friend) one day: "I wonder if there were any First Nations people that were in the Allan." And I wondered this for a while. Dr. Cameron was in Manitoba in the 1940s. He went to the Brandon Mental Health Center, which I understand is near one of the reserves. Dr. Cameron was an evil person. He destroyed so many lives. I will never forget the Allan.

Q: You say that you are the only eyewitness still alive that remembers what happened at the Allan?

LP: Yes I am. And you know it's funny, I would get out of my room... One night I saw these people all by the south wall. And they had lights on. What was going on there? It may have happened that they were burying bodies there.

Q: They were outside with lights?

LP: Yes, at night. And nobody could tell what they were doing.

Q: You remember in what part they were?

LP: They were by the south wall, a cement wall outside, on the south side of the grounds. Now over the years people were hurt by the Allan. I was tortured too, and so were a lot of other people that were in there. There is a swimming pool in the Allan, and it is rumored that it was built to hide the bodies that were buried.

Q: Do you remember when you first heard that rumor?

LP: I heard it when I was in the Allan. Because there were some people there who were in and out of this hypnotic state, like I was. And when we came down to normally, we would talk of things we saw and things we heard. They said the swimming pool was built to hide the bodies that they felt were being buried there. I am convinced that there are bodies buried in the property.

I sent letters out three or four weeks ago. I sent a letter to the Assembly of Manitoba Chiefs, advising them what was being done at the Allan and that they should check if they had any of First Nations people that were missing, that you know, it could have happened, and I'm positive that it happened here as well.

Q: And did you get any response from the Assembly of Manitoba Chiefs?

LP: Not yet. They have been busy here in Winnipeg with the holiday that they had. They were really busy, and I haven't heard from them yet, no. But I was really concerned about Indigenous peoples. I firmly believe that some of them were in the Allan.

Q: Do you remember the name of the native woman you were talking to, with the long hair?

LP: She told me her name was "Morning Star".

Q: And she didn't mention her nation, where she came from?

LP: No she didn't...

Q: How old was she?

LP: She was around my age. I was 16 years old when I was in the Allan. She was around 16, 17...

Q: And you don't know if she was transferred there from a Residential School?

LP: She could have been... Like I said, I will never forget her. I remember her name, it was beautiful: Morning Star. And she was given LSD, all the treatments and everything. My goodness... The one memory that I have is when I was on the table, I was tied down. And they stuck another needle in my arm. Then the rape occurred.

Q: So they injected drugs on that occasion?

LP: Yes. And there were also rumors that Dr. Cameron gave LSD to children in glasses of kool aid.

Q: Where there many children there?

LP: Oh yes. I saw underage people. I saw kids that were possibly around 8 to 10 years old. And then there were other younger ones as well.

Q: Do you remember anything about the stables next to the Allan Memorial building?

LP: Oh the stables. Well apparently, from what I can recollect, there was lots of stuff going on around the stable. There were groups of people and they were acting strange, because they had just been given LSD.

Q: But you never entered that building?

LP: No I didn't.

Q: And did you walk around the gardens? Because in 1958 the pool(that was completed in 1961 used to be gardens.

LP: Yes that was the rumor that was going around the Allan at the time that they built the swimming pool... because they wanted to hide what was around the area. This sounds like... it's a terrifying thing to have to remember all this. And also the government knew what was going on, because a lot of people complained. They did nothing. Dr. Cameron also went to the US. He also had training from the CIA on the torture techniques that they used, and he brought that knowledge back to Montreal with him, to the people that he destroyed at the Allan.

Q: Yes, that plus his experience in Brandon, Manitoba, potentially with Indigenous children there... And also he was part of the Nuremberg trials as an expert, and he gave a psychiatric expertise on Nazi people there: Rudolf Hess.

LP: Oh exactly, he was like Adolf Hitler.

Q: How did you get out of there finally?

LP: Well my memory is a blank... I don't know what happened to me after I got out of the Allan. Somehow I ended up in Halifax, and I can't figure out why I was in Halifax, when my family was in Montreal. Part of my life there was just... I don't know what happened. I guess because of the LSD and everything... had such an impact on my body that it did something to my brain... that I can't remember.

Q: So you just remember being in Halifax all of a sudden, away from your family?

LP: Yes I was.

Q: And what did you do from there? Did you come back to Montreal?

LP: Actually I met a fellow in the navy. We got married. I had two beautiful children, moved to Winnipeg because the kids had a form of asthma and they couldn't tolerate the climate. We ended up in Winnipeg, and I'm here, I'm still here.

Q: Oh I see.

LP: But I would like to say that the First Nations people, it's horrible what happened to them. It breaks my heart to think that people could do that. And my concern is the Allan, the grounds, what is underneath the earth. There is something going on there. And I hope that people do not get on the grounds and destroy what we call "evidence". I'm hoping they don't...

Q: Thank you Lana. Are you okay with your statement being used as legal evidence in court?

LP: Yes... I am going to get a letter from my doctor saying that I am of sound mind and body, which I am. I am 80 years old. So then nobody can say "oh she's making all this up." I am not making this up, it's true... They're trying to destroy what is on the Allan.... Admitting guilt... They say they're doing renovations. They're not. They're trying to get rid of all the stuff that we believe happened on the grounds of the Allan...

Q: Did you ever write about it, or put out a book or anything like that?

LP: I thought about it, but I never did give round to it. But I should write one. You know I am the only one that can talk about the Allan. There was one other gentleman who was like me, but they had to put him into a personal care home, so that leaves myself as the only person who can talk about it...

Q: Do you have your own medical records?

LP: Yes I have my medical records. The consumer law group got them for me over three years ago... We were tortured basically, that's what I feel: I was tortured.

Q: Is there anything else you want to share with us?

LP: I thank you very much for talking with me. My motto is "Never give up."

Q: Thank you... and if any other memories pop up...

LP: Oh I will let you know, oh yes. Because I believe there is more to come out with me. My doctor said that I could be having flashbacks of what happened. The memories come in different stages. I could be sitting here wide awake watching TV and then bang, it would go, I remember this and I remember that. But like I say: the governments will never shut me up. I want to tell everybody in Canada what happened to me, and what is happening to First Nations peoples in the Residential Schools, and now the Allan...

Q: Thank you so much, Lana.